



the pulse



Volume 8 Issue 1(2015-2016) CENTER FOR WELLNESS AND MEDICAL PROFESSIONS NEWSLETTER August 2015

Dates of Interest:

August:

- Locker and Parking Sales— 8:00am—11:00am
Bring cash- Locks - \$5 and Parking Pass - \$5
- 8/5 Seniors Locker & Parking Space Sale
- 8/6 Junior Locker Sale
- 8/10 Sophomores (locker sale only)
- 8/11 New Student Orientation 8:30-11:30am
Locker Sale 10:45-12:00pm
- 8/24 School Begins for Students
- 8/27 Open House/Back to School Night

September:

- 9/15 CWMP Parent Meeting 7pm in the T.A.
- 9/14-18 Homecoming Week
- 9/19 Homecoming Dance

October:

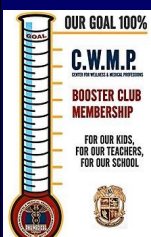
- 10/10 HERricane 5K Glam Run / Walk
- To register for this event, go to Active.com.
The race begins at 7:30am at Pop Stansell Park.



Thank you to our two new sponsors:



CWMP Membership



Please join our CWMP Booster Club! Your membership helps support all of our student and teacher events. The Membership form can be found on the website at: www.phuhs.org Click on Programs & then click on Center for Medical and Wellness

Contact phuhsmmMember@gmail.com for more info

Welcome Back



The CWMP Booster Club would like to welcome all new and returning parents and students to PHUHS back to school!

Stay informed - Make sure to attend our kickoff CWMP Parent Meeting on September 15th for the year's calendar of events and things you will need to know. Seniors can stay informed too, by checking the senior school website at www.phuhs.org/seniors for senior events and deadlines.

Look for the information packet sent home on the 1st day of school which contains your Tervis Tumbler and Senior T-Shirt order forms.

Thank you to our CWMP student volunteers who helped make our Freshman Meet and Greet a big success!

You can help! Our 2nd Annual "HERricane 5K Glam Run/Walk" is October 10th! Here are two ways to help raise money for our cause:

1. Click this link to register: <https://fundraising.active.com/event/HERricaneGlamRun5K>
2. Tribute Signs: Buy a tribute sign in memory of someone or for a survivor which will be placed along the race course with your short message of hope or love that will be sure to inspire all runners. Signs are \$20. For more information or to fill out the Order Form, email phuhsmm5K@gmail.com

Meet the 2015-2016 CWMP BOARD

President	Gina Kugler	Phuhsmp@gmail.com
Vice President	Colleen Bemis	Phuhsmmvp@gmail.com
Secretary	Jeanne Davis	Phuhsms@gmail.com
Treasurer	Sheryl Bartolotti	Phuhsmt@gmail.com
Communications	Ellen Martin	Phuhsmmc@gmail.com
Ways & Means	Bonnie Gustafson	Phuhsmmwm@gmail.com
Special Events	Kristi O'Connor	phuhsmmEvents@gmail.com
Adopt A Teacher	Lynda Morrill	phuhsmmAdopt@gmail.com
Membership	Robin May	phuhsmmMember@gmail.com
Newsletter	Helen Feininger	phuhsmmNews@gmail.com
Volunteer Coordinator	Heather Milleman	phuhsmmVol@gmail.com
Senior Banquet	Sheryl Bartolotti & Tammy Mitchiner	phuhsmmCords@gmail.com
Merchandise Sales	Colleen Bemis	Phuhsmmvp@gmail.com
Senior T-shirt & Tervis Tumbler	Tammy Mitchiner	Mmitchiner@aol.com
HERricane Race Coordinator	Gina Kugler & Tori DiSalvio	phuhsmm5K@gmail.com
Website & Scrubs Ceremony	Kristi O'Connor	phuhsmmWeb@gmail.com
Holiday Lunch	Sharon Shulman	Sshulman@verizon.net
Sophomore Breakfast	Andrea Weaver	weavera@pcsb.org
Donut Day	Lynda Morrill	Lyndamorrill@hotmail.com

If interested in serving on a Committee please email the Committee Chair.